

What to expect during your digital infrared imaging appointment.

You will be taken into a room to acclimate for approximately 10-15mins.

From the **waist up** you will need to disrobe.

This includes any bra, jewelry; necklaces, earrings, rings, and bracelets. Also, please make sure that your hair is pulled back and off your neck.

While disrobed and acclimating you must either sit or stand with your arms **away** from your body.



Please refrain from touching your breasts.

During this time the technician may go over your history.

The technician will take a series of 3 images. You will have your hands above your head for these images.



After those images are taken you will have your hands immersed in a cold water basin for 1 minute.

Approximately 11°C

After that minute you will have the same series of images taken.



That will complete your digital infrared imaging appointment
Thank you